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2024

# ANNUAL REPORT

One life  
Cameroon  
Giving is Power



# **One Life Cameroon (OLC): Annual Report 2023/2024 - A Year of Transformative Impact**

## **Foreword**

As we reflect on the past years, it is with immense pride and gratitude that I present One Life Cameroon's (OLC) Annual Report for 2023/2024. This period has been one of significant growth, profound impact, and unwavering dedication to the communities we serve. Despite the persistent challenges faced by the underprivileged and vulnerable in Cameroon, our commitment to fostering sustainable change has only deepened.

This report highlights the remarkable progress we have made, the lives we have touched, and the foundations we have laid for a more resilient future. Our success is a testament to the hard work of our dedicated team, the invaluable support of our partners, and the enduring spirit of the communities themselves.

Thank you for being a part of this vital journey.

*George Awa, Founder, One Life Cameroon (OLC)*

## **About One Life Cameroon**

One Life Cameroon is a not-for-profit organization driven by a dream to make a tangible difference. Our core mission is to provide opportunities and tangible assistance to underprivileged and people with special needs, young, the elderly, farmers, and rural communities across Cameroon. We believe in results-focused interventions that deliver for those in greatest need. Our comprehensive approach spans sustainable economic development, improved nutrition and food systems innovation, and the provision of clean drinking water. Our structured programs are designed to offer transparent insights into our efforts, fostering engagement with like-minded individuals and facilitating meaningful volunteering work. At the heart of our operations is a sustainable development model that empowers families, farmers, and rural communities with the essential tools and skills to break cycles of poverty. While sustainability remains our guiding principle, One Life Cameroon (OLC) is steadfast in its commitment to supporting both current and future projects, alongside implementing new, appropriate programs within Cameroon. This ensures that these amazing children, young and old, farmers, and rural communities at large receive the consistent and impactful support they desperately need.

## **Our Mission Statement:**

To ensure food security by promoting the implementation of modern agricultural techniques, support the disadvantaged and underprivileged, the young and the old, as well as to create awareness and sensitization campaigns on healthcare and promote rural development through volunteering programs.

## **Partnering Organizations and their Roles in Rural Aid Achievements**

Denis & Lenora Foretia Foundation

One Life Cameroon's success in the 2023/2024 period, particularly in our Rural Aid Initiative across Nkambe, Fa'am, and Nking Villages, Northwest Region, Cameroon, has been



significantly bolstered by the invaluable contributions of our partnering organizations. These collaborations represent a diverse network of support, each playing a crucial role in amplifying our impact.

For our past "Portable drinking Water " and "Agricultural Sustainability Projects," we secured vital funding from donors in the **USA, Canada, South Korea, and Australia**, and **Chinese** patrons, respectively. These international partnerships demonstrate the global recognition of our impactful work and the trust placed in our ability to deliver. These funding partners are critical for providing the financial resources necessary to implement large-scale projects, procure essential supplies, and sustain operations. Their contributions directly translated into boreholes providing clean portable water, seeds supporting agricultural growth, and resources enabling community development.

In the 2023/2024 Rural Aid Initiative, the "Mobilized 80 skilled volunteers who contributed providing hands-on support, directly assisting farmers with crucial tasks like land preparation and harvesting, and sharing valuable expertise. Their commitment to giving back transforms the efficiency and reach of our on-the-ground interventions.



Furthermore, the implementation of "sensitization workshops on sustainable farming practices and market access" and "training sessions on group dynamics, financial management, and cooperative marketing strategies" involved collaborations with Denis & Lenora Foretia Foundation.

These partners brought technical expertise, curriculum development capabilities, and outreach networks, and ensured that the training provided were relevant, effective, and reached the intended communities.

The "confidential counseling service" and "sensitization campaigns on gender-based violence and rape prevention" also brought about partnerships with mental health professionals, gender advocacy groups, or **healthcare organizations** like Olive Branch.

These collaborations ensure that sensitive and critical services were delivered by qualified individuals and that awareness campaigns were conducted effectively, adhering to best practices in public health and social welfare.

In essence, the above established partnerships were the bedrock of our sustainable development model, enabling One Life Cameroon (OLC) to leverage diverse resources, expertise, and networks to achieve significant and lasting impact in rural communities.

## **Inputs and Outputs for 2023/2024**



Our Rural Aid Initiative in Nkambe, Fa'am, and Nking Villages, Northwest Region, Cameroon, during 2023/2024 demonstrated One Life Cameroon's commitment to holistic community development.



**Here's a breakdown of the inputs and their corresponding outputs and impacts:**

### **1. Farmer Support & Capacity Building**

#### **• Inputs:**

- Financial aid totalling 3,825,000 FCFA see EOY financial statement
- 10 tons of animal fodder.
- 80 volunteering participants
- 2.5 tons of improved seeds (maize, beans, cassava).
- Resources for 10 sensitization workshops on sustainable farming and market access.
- Resources for 20 on-site visits to CIGs and Farmers' Unions.
- Resources for 15 training sessions on group dynamics, financial management, and cooperative marketing strategies.

#### **• Outputs & Impacts:**

- **Financial Aid:** Disbursed to 150 rural farmers, resulting in a 15% increase in agricultural input purchases (e.g., fertilizers, tools) by beneficiary farmers within 6 months. This directly led to better resource availability for farming.
- **Animal Fodder:** Provided to 50 livestock farmers, leading to a 10% improvement in reported livestock health indicators (e.g., weight gain, milk production) over a 6-month period, contributing to increased animal productivity and farmer livelihoods.



- **Volunteer Labor:** 20 skilled volunteers directly assisted 75 farmers with tasks such as land preparation and harvesting, increasing efficiency and reducing labor burdens for farmers.
- **Seed Distribution:** 2.5 tons of improved seeds distributed to 200 farmers, contributing to an average 25% increase in crop yields in the first harvest season, directly enhancing food security and income potential.
- **Sensitization Workshops:** 7 workshops conducted, attended by 300 farmers, resulting in 80% of participants reporting adoption of at least one new farming technique, indicating improved agricultural practices and knowledge transfer.
- **CIG and Farmers' Union Engagement:** 11 on-site visits conducted, reaching 500 members. Facilitated 5 training sessions, leading to a 20% increase in active participation in communal farming activities and a 10% growth in collective produce sales among participating groups, fostering stronger collective action and market power.

## 2. Community Well-being & Health Initiatives

### • Inputs:

- Resources for establishing a confidential counseling service.
- Qualified counselors and support staff.
- Resources for 5 community-wide sensitization campaigns on gender-based violence and rape prevention.
- Public awareness materials and facilitators for campaigns.

### • Outputs & Impacts:

- **Confidential Counseling:** Established service providing 100+ counseling sessions to 75 individuals and families facing stress and mental health challenges. Post-counseling surveys indicated a 60% reduction in reported stress levels and a 40% improvement in coping mechanisms among beneficiaries, contributing to improved mental health and resilience.
- **Rape Sensitization Campaigns:** 5 community-wide campaigns conducted, reaching 800 community members. Post-campaign assessments showed a 30% increase in community awareness of support services for victims and a 20% increase in reported incidents of bystanders intervening in potentially harmful situations, demonstrating a positive shift in community response and prevention efforts against gender-based violence.

These comprehensive efforts highlight One Life Cameroon's dedication to not only providing immediate aid but also fostering sustainable development and addressing critical social issues within the targeted communities.

## Closing Remark from Founder George Awa and What to Expect from OLC Following Year

Dear Friends and Supporters,

As I reflect on the incredible journey of One Life Cameroon (OLC) through 2023/2024, my heart is filled with a renewed sense of purpose and immense gratitude. The achievements we've outlined in this report – from enhancing food security through modern farming techniques to empowering communities with access to clean portable water and vital health services – are not



just statistics; they represent transformed lives, rekindled hope, and the unwavering resilience of the people we are privileged to serve.

We have seen firsthand how access to basic necessities like clean water can drastically reduce child mortality and improve school attendance. We have witnessed farmers, many of them courageous women and widows, achieve self-sufficiency and economic stability through our agricultural support. And we have begun to break the silence around critical issues like mental health and gender-based violence, fostering safer and more supportive communities. None of this would be possible without your trust, your generosity, and the tireless dedication of our team and partners.

Looking ahead to 2024/2025, One Life Cameroon is poised for even greater impact. We are not resting on our laurels; instead, we are driven by the urgent needs that still exist in so many remote and vulnerable areas of Cameroon.

### **What to Expect from One Life Cameroon in the Following Year:**

Our primary focus will be on the critical completion and expansion of our Water Projects in Bamunka, Bambalang, Mballa, and Jakiri villages. Struggling families in Bamunka caused by crippling farm yields and a desperate shortages of potable drinking water source, demands our immediate and sustained attention. We have completed the first phase for Bamunka Primary School, but this is just the beginning.

Secondly, we are passionately committed to establishing A Community Center for Survival and Resilience in Buchi, Pinyin village. This center will be more than just a building; it will be a beacon of hope and a vital lifeline for a community facing unimaginable hardship.

This multifaceted hub will:

- Provide a safe haven and shelter for displaced families, particularly vulnerable women and children.
- Serve as a central location for the distribution of essential donations like food, clothing, and medical supplies.
- Function as a hub for agricultural training, resource sharing, and cooperative initiatives to empower farmers.
- Create a safe space for children's education, play, and psychosocial support, addressing trauma and fostering development.
- Facilitate access to healthcare through visiting medical professionals and basic first aid services.

Finally, a cornerstone of our strategic growth in the coming year will be establishing and expanding partnerships with other not-for-profit organizations. We believe that by collaborating with like-minded entities, we can leverage shared resources, expertise, and networks to achieve a far greater collective impact. These strategic alliances will enable us to reach more communities, implement more diverse programs, and ultimately, uplift more lives.

The challenges in Cameroon are vast, but so too is our resolve. With your unwavering support, One Life Cameroon (OLC) will continue to be a force for positive change, bringing clean water, food security, health, and dignity to those who need it most. We invite you to continue



this journey with us, to witness the tangible difference your contributions make, and to be a part of building a brighter, more sustainable future for every life in Cameroon.

With profound gratitude,

*Aji Nsoh - VP, One Life Cameroon*